



Daily Schedule 日常活動表

Day 星期	Activities 活動項目					
	Monday 一	Tuesday 二	Wednesday 三	Thursday 四	Friday 五	Saturday 六
08:30 – 09:30	Welcome parents and kids, Morning check-up, Potty training, Play time, Water time 迎接家長和幼兒、晨檢、排洗、自選玩具、收拾玩具、飲水					
09:30 – 10:00	Morning exercise, Potty training 早操、排洗					
10:05 – 10:35	Artistic creation, Physical activity, Storytelling, Music and singing, Group activity 美感創作、集體活動、故事、音樂律動、區域活動					
10:35 – 10:50	Potty training, Water time, Fruit snack 排洗、飲水、吃水果					
10:50 – 11:15	Artistic creation, Physical activity, Storytelling, Music and singing, Group activity 美感創作、集體活動、故事、音樂律動、區域活動					
11:15 – 12:15	Potty training, Lunch time 排洗、午餐					
12:15 – 14:30	Nap time 午睡					
14:30 – 15:00	Wake up, Potty training 起床、排洗					
15:00 – 15:30	Water time, Snack time 飲水、茶點					
15:30 – 18:30	Storytelling, Play time, Reading time, Dismissal 聆聽教事、玩玩具、看圖書、等待家長接回					

